

## Schedule of Classes

### Community Education - Fall Semester 2019

*This class list is subject to change based on availability of instructors and number of registered students. Payment for classes is due upon registering. At the time of printing, course section numbers were not available. Check online schedule prior to registering or call (530) 841-5834 with questions.*

#### **Clothing Construction- Pattern Drafting (XAC 0321)**

Learn to draft and design a custom trouser pattern that fits your unique measurements!

This class will teach you the fundamentals of pattern drafting for trousers, and will give you the base skills to design your own unique garments. Students will draft a pattern based on their measurements, construct a fitting garment test and proof the pattern, and finalize the base pattern from which other garments can be designed. Maximum in class (8).

Pre-requisite: Pattern Drafting 101

Students should have basic sewing skills (how to operate a sewing machine).

- Day(s): Wednesday
- Date(s): August 21 and August 28, 2019
- Time: 6 to 9 pm
- Location: Sew & Knit Studio, 111 South Oregon Street, Suite A, Yreka
- Cost to Participate: \$25.00
- Instructor: Janyce Hill

#### **Basic RV Repair: How to Keep it Out of the Shop (XCS 0387)**

This class will cover the basics of RV maintenance and repair including: appliances and systems including solar; hands on instruction for electrical instruments used in diagnosis and trouble-shooting; individual repair manuals tailored to your own RV systems; skills and materials used in the winterization and weatherproofing; schedule of annual maintenance needed to keep repair to a minimum.

- Day(s): Wednesday
- Date(s): September 4 – November 6, 2019
- Time: 6 to 7:50 pm
- Location: Room 4, Yreka Campus
- Cost to Participate: \$100.00
- Instructor: Randy Gibbons

#### **Belly Dance I (XFW 0320)**

Fluid movements, muscle isolations, stretching, shimmies, and dance moves with origins throughout world dance traditions will be taught, with a variety of music and costumes included. Also covered and discussed in the class will be choreography, improvisation techniques, and props including the introduction of veils and swords. Safe posture alignment and healthy exercise is taught to support dancers of all levels from beginner to advanced level.

- Day(s): Thursday
- Date(s): August 29 – October 17, 2019
- Time: 6 to 7:30 pm

- Location: Room 7, Yreka Campus
- Cost to Participate: \$35.00
- Instructor: Robin Vandiver

**Intro to Alternative Healing – Essential Oils (XFW 0331)**

Basic overview of Homeopathy, Herbology, Flower Essences and other inexpensive, effective remedies for the home and family, both human and animal applications. This is the first of series, followed by in-depth study of specific healing methods. Includes field trips.

- Day(s): Thursday
- Date(s): September 5 – November 7, 2019
- Time: 6 to 8 pm
- Location: Room 4, Yreka Campus
- Cost to Participate: \$45.00
- Instructor: Leslie Johnson

**Intro to Alternative Healing – Essential Oils (XFW 0331)**

Basic overview of Homeopathy, Herbology, Flower Essences and other inexpensive, effective remedies for the home and family, both human and animal applications. This is the first of series, followed by in-depth study of specific healing methods. Includes field trips.

- Day(s): Thursday
- Date(s): September 5 – November 7, 2019
- Time: 12 to 2 pm
- Location: Room 4, Yreka Campus
- Cost to Participate: \$45.00
- Instructor: Leslie Johnson