

STUDY STRATEGIES

Visual Learners: You learn best with watching and using visual aids

- Sit in front of class
- Take notes and recopy your notes when studying
- Use a highlighter
- Draw pictures next to notes to illustrate the point
- Make flashcards with terms, definitions and illustrations
- Use poster board to brain storm concepts
- Close your eyes and visualize material
- Watch “you tube” videos on the topic

Kinesthetic Learners: You learn best by hands-on practice, or using your hands to engage the material

- Take notes and use arrows to highlight main points
- Draw circles or boxes around main ideas in your notes
- Make recording of the material you are trying to learn and listen to them while engaging in activities such as exercising, or walking
- Pace back and forth while reciting material outloud
- Write key words in the air
- Complete assignments in an active way (EX: make a poster)

Auditory Learners: You learn best by listening to information

- Make recordings of the material and listen (repeat as much as necessary)
- When possible, say concepts out loud. Whisper or talk aloud to process
- Make up songs or rhymes to memorize the information
- Study with a partner or in a group so that you can hear the information
- Listen to audio books, or podcasts on the subject matter