New director in EOPS & SSS

Kim Lopez was at COS for many years and decided to further her career at another institution. We wish her well in her new endeavor.

There is a new face in Eddy Hall this Fall. She is not new to COS, but new to EOPS, SSS, and Eddy Hall. She is making the big move from the Life Science building to Eddy Hall. Yes, it is Val Roberts. She will be the interim EOPS and SSS Director. We are excited to have Val here.

Message from Val:
“I am truly excited to be the new Director/Counselor for EOPS/CARE, SSS, and CalWORKs. In addition to those programs, I will be continuing in my role as Director/Counselor for MESA. So, now, the grant and categorical programs will all be under one roof! Student support programs are a vital part of many students’ success, and I am honored to be a part of this important work. Some of you know me already - I’ve been at COS for almost 20 years, and have loved every minute of it! For those of you who I don’t know yet, please stop by to say “hi”! I look forward to meeting with you soon.”

The EOPS and SSS programs are still the same. Stacey, Pat, Cindy, and the student workers (Wade, Sandy, and Courtney) are still here to help you.

Coming into Eddy Hall...

When you come into Eddy Hall and check in at the front desk, be sure to tell them that you are in EOPS and/or SSS. If you identify yourself as being in one of these programs, then you will be directed the appropriate way in the office and not have to wait as long. This is to your advantage. You can come in and ask us if you have a question about something. We are here to help you.

Special points of interest:

- EOPS and SSS orientations begin on Monday, August 8
- You must attend one orientation for each program that you are a participant
- How can you be a successful student?
EOPS Fall Orientation dates/times

**Yreka campus** (in Tech 1 & 2)
- Tuesday, August 9  
  10am-12pm or 1pm-3pm

**Weed campus** (in Life Science 3)
- Monday, August 8  
  10am –12pm or 2pm-4pm
- Wednesday, August 10  
  9am-11am or 1pm-3pm
- Friday, August 12  
  9am-11am
- Monday, August 15  
  3pm-5pm
- Tuesday, August 16  
  3pm-5pm
- Friday, August 19  
  10am-12 pm (in LS 9)
- Tuesday, August 23  
  8am-10am (in LS 9)
- Wednesday, August 24  
  3pm-5pm

If you are in EOPS, you must attend one EOPS orientation.

SSS Activities

This summer we enjoyed two trips to the Shakespeare Festival. For the first time, the SSS Program was able to take our students to a musical (*The Pirates of Penzance*). Our second trip was to see a Shakespeare play (*Love’s Labor’s Lost*). Both the musical and play were very entertaining and fun. We also attended the ShastaYama/Shasta Taiko drumming concert. The skill of the drummers is amazing and awesome. During the fall semester, you will have another opportunity to attend a Shakespeare play (*Julius Caesar*).

The fall semester will also include campus tours to CSU Chico, CSU Humboldt, UC Davis and Southern Oregon University and the opportunity to see the *Nutcracker Ballet* here at COS. We will also provide other educational and cultural activities throughout the semester, dates and times to be provided as they become available.

I would like to take this opportunity to encourage all of you to seriously consider attending at least one of our cultural activities and/or campus tours. The Department of Education funds us to provide you many services and they consider our activities important in promoting and encouraging your success. All our services are planned and coordinated for your benefit, so please be an involved participant. Looking forward to seeing you soon.

SSS Fall Orientation dates/times

**Yreka Campus**
- Tuesday, August 9th  
  10am - 12pm, Room 8

**Weed Campus**
- Learning Resource Center 2 Lab (LRC 2 Lab)
- Monday, August 8th  
  12pm-2pm
- Wednesday, August 10th  
  11am-1pm
- Friday, August 12th  
  11am-1pm
- Monday, August 15th  
  1pm-3pm

**Weed Campus** (LRC 2 Lab)
- Tuesday, August 16th  
  8am-10am
- Wednesday, August 17th  
  8am-10am, 2pm-4pm
- Thursday, August 18th  
  8am-10am, 3pm-5pm
- Monday, August 22nd  
  8am-10am, 3pm-5pm
- Tuesday, August 23rd  
  8am-10am
- Wednesday, August 24th  
  8am-10am, 1pm-3pm

* Students will be notified by email if there are changes in dates, times, and location
What makes a successful student?

**SUCCESSFUL STUDENTS...**

1. ...accept **personal responsibility**, seeing themselves as the primary cause of their outcomes and experiences.
2. ...master **self-management**, consistently planning and taking purposeful actions in pursuit of their goals and dreams.
3. ...employ **interdependence**, building mutually supportive relationships that help them achieve their goals and dreams (while helping others do the same).

**STRUGGLING STUDENTS...**

1. ...see themselves as **Victims**, believing that what happens to them is determined primarily by external forces such as fate, luck, and powerful others.
2. ...seldom identify specific actions needed to accomplish a desired outcome. And when they do, they tend to procrastinate.
3. ...are solitary, seldom requesting, even rejecting, offers of assistance from those who could help.

Are you a successful student or a struggling student? Which one do you want to be?

(from On Course workshop)

Scholarship update

The Ford Foundation selected 16 Siskiyou County students out of 108 applicants as Ford Scholars. Two of those 16 scholars are Anthony Gibson and Amanda Twitchell—two of our SSS students. Congratulations!

The Ford Foundation starts accepting scholarship applications in January, so remember to look for this next year!

What are 10 potential jobs of the future?

“Even in the midst of high unemployment in the private sector, some industries are safe bets for the coming years, according to the Bureau of Labor Statistics’ Occupational Outlook Handbook. In fields that show steady demand, such as home health care and finance, you’re bound to find opportunity.” (careerbuilder.com)

Rehabilitation, Internet hosting and publication, auto manufacturing, waste management, sustainability consulting, language, home health care, Ophthalmology, Accounting, and Security.

“We know where the jobs are today -- and we definitely know where they aren’t. But what about in 10 or even 20 years? As things like technology, medicine, science and environmentalism continue to advance in the coming years, several occupations are bound to emerge. By understanding these trends, job seekers can play a more active role in planning for their careers.” (careerbuilder.com)

Some are speculative, some are definitive -- but here are 10 potential jobs of the near or distant future, based on the trends:

Cyber Security Specialist, Genetic Counselor, Organic Food Farmer, Medical Records Administrator, Mobile Application Developer, Robotics Technician, Simulation Engineer, Social Media Manager, Stem Cell Researcher, and Sustainability Officer.
Timeless Wisdom

- It is not what happens, it is how we react to it. We are each 100% responsible for all our experience. (Louise Hay)

- Whether I fail or succeed shall be no man’s doing but my own. I am the force...My choice; my responsibility; win or lose, only I hold the key to my destiny. (Elaine Maxwell)

- There are three things to remember about education. The first is motivation. The second is motivation. The third is motivation. (Terrell Bell, former US Secretary of Education)

- You’ve got to be persistent, but in a way that applies your energy in the direction you want to go. (Richard Leza)

- We….believe that one reason so many high-school and college students have so much trouble focusing on their studies is because they don’t have a goal, don’t know what all this studying is leading to. (Muriel James & Dorothy Jongward)

- The only thing that separates successful people from the ones who aren’t is the willingness to work very, very hard. (Helen Gurley Brown)

- Just go out there and do what you’ve got to do. (Martina Navratilova)

- You are never strong enough that you don’t need help. (Cesar Chavez, Labor Leader)

- Alone we can do so little; together we can do so much. (Helen Keller)

- No man is an island, entire of itself; every man is a piece of the continent, a part of the main. (John Donne, Poet)

- I discovered I always have choices and sometimes it’s only a choice of attitude. (Judith M. Knowlton)