

# CAFÉ LUNCH MENU July 31 – August 4

## MONDAY

CHICKEN PESTO (OR NOT) PANNINI

Sweet Potatoes/Wedge Potatoes, Veggies, Avocado

## TUESDAY

ENCHILADA CASSEROLE

Rice, Beans, Veggies, Condiments

## WEDNESDAY

TURKEY BURGERS

Pasta Salad, Veggies, Fruit

## THURSDAY

THAI TOFU/CHICKEN BOWL

Toasted Brown Rice, Veggies, Toppers

## FRIDAY

WINGS 2 WAYS – BBQ AND TERIYAKI

Veggie Salad, Fresh Fruit

# CAFÉ DINNER MENU July 31 – August 4

## **MONDAY**

BAKED CHICKEN

With Rice, Veggies, Fresh Fruit

## **TUESDAY**

PASTA WITH 2 SAUCES

Roasted Red Pepper or Meat Sauce, Veggies, Fruit

## **WEDNESDAY**

POTATO WEDGES WITH TOPPERS

Meat, Veggies, Cheese, Condiments

## **THURSDAY**

FRIED CHICKEN

Mashers, Veggies, Fresh Fruit

## **FRIDAY**

PORK TENDERLOIN

Pilaf, Veggies, Fresh Fruit

# CAFÉ BREAKFAST MENU July 31 – August 4

## MONDAY

### PANCAKES

Scrambled Eggs, Sausage, Veggies, Fruit, Cereal, Yogurt

## TUESDAY

### WAFFLE SANDO

Belgian Waffle, Fried/Poached Egg, Bacon, Oatmeal,  
Fruit, Yogurt

## WEDNESDAY

### BASIC BREAKFAST

Scrambled Eggs, Sausage, Hash Browns, Fruit, Granola,  
Yogurt

## THURSDAY

### SKILLET

Obrien Potatoes, Eggs, Toppers, Granola, Yogurt, Fruit

## FRIDAY

### BREAKFAST SANDO