

WEEK ONE BREAKFAST

Monday - Basic Breakfast

Eggs, Bacon, Hashbrowns 6.25

Tuesday - Breakfast Bowl

Potatoes, Eggs, Cheese, Greens 6.25

Wednesday - Burrito

Scrambled Eggs, Cheese, Meat, Sour Cream, Salsa 6.25

Thursday - Roll Up

Eggs, Veggies, Meat, Cheese, Crispy Tortilla, Rolled up 6.25

Friday - French Toast

House Made French Toast, Bacon, 1 Fried Egg 6.25

WEEK ONE LUNCH

Monday - Deli Sandwich

Two Meats, Cheese, Veggies, and Chips 7.25

Tuesday - Taco

2 Tacos, Rice, Beans, and Condiments 7.25

Wednesday - Spaghetti

Spaghetti, Small Salad, Roll 7.25

Thursday - Asian Chicken Stir fry

Marinated Chicken, Fried Rice, and Veggies 7.25

Friday - Eagle Burger

Burger, Cheese, Bacon, Veggies 7.25

WEEK ONE DINNER

Monday - Pasta Alfredo

Pasta, Creamy Cheese Sauce, Veggies, and Garlic Bread 8.00

Tuesday - Chicken Meal

Grilled Chicken, Potatoes, and Veggies 8.00

Wednesday - Steak Dinner

Grilled Steak, French Fries, Green Salad 8.00

Lasagna Dinner

Lasagna, Caesar Salad, Garlic Bread 8.00

Pizza & Wings

Personal Pizza, 6 Wings with Sauce, Small Green Salad 8.00

WEEK TWO BREAKFAST

Monday - Quesadilla

Eggs, Cheese, Meat, Crispy Tortilla, with Salsa & Sour Cream 6.25

Tuesday - Breakfast Sando

Toasted Croissant, Fried Egg, Meat, Cheese 6.25

Wednesday - Beef Hash

Diced Beef, Potatoes, and Onion Grilled and Topped with 2 Eggs 6.25

Thursday - Breakfast Burger

Beef Patty, Fried Egg, Cheese, Bacon 6.25

Friday - Waffle Stack

(2)Belgian Waffle, Fried Egg, Meat 6.25

WEEK TWO LUNCH

Monday - Entree Salad

Choose: Chicken Caesar OR Steak & Bleu Cheese 7.25

Tuesday - Enchiladas

Cheese or Chicken Enchilada, Rice, Beans, Condiments 7.25

Wednesday - Soup & Sandwich Du Jour

Soup of the Day with Sandwich of the Day 7.25

Thursday - Coconut Shrimp

Coconut Shrimp, Rice, and Veggies 7.25

Friday - Wings, Nachos, Fries

Wings with Sauce and Fries OR Large Nachos with Toppers 7.25

WEEK TWO DINNER

Monday - Pasta Casserole

Pasta, Chicken, Veggies 8.00

Tuesday - Fried Buttermilk Chicken Dinner

Crispy Chicken, Veggies, Mashed Potatoes 8.00

Wednesday - BBQ BEEF

Beef in BBQ Sauce, Rice, Veg 8.00

Thursday - Chicken Strips & Fries

Chicken Strips & French Fries with Sauces 8.00

Friday - Steak Sandwich

Thin Sliced Steak on Soft White Roll, Lettuce, Tomato, Onion, Cheese, with French Fries 8.00

WEEK THREE BREAKFAST

Monday - French Toast

French Toast, Egg, Bacon or Sausage 6.25

Tuesday - Protein Bowl

Black Beans, Avocado, Chicken Sausage, Greens, 2 Eggs, Cheese 6.25

Wednesday - Breakfast Burrito

Scrambled Eggs, Cheese, Meat, Sour Cream & Salsa 6.25

Thursday - Blueberry or Banana Pancakes

Two Pancakes, 1 Egg, Bacon/Sausage 6.25

Friday - Eagle Scramble

Scrambles Eggs with Bacon, Cheese, Veggies, Greens 6.25

WEEK THREE LUNCH

Monday - Strips & Fries

6 Chicken Strips, Curly Fries 7.25

Tuesday - Green Chile Chicken Sando

Sliced Chicken Breast, Pepper Jack Cheese, and Green Chile, Grilled 7.25

Wednesday - Mexican Caesar Salad

Greens Topped with Chopped Chicken or Beef, Corn, Tomato, Black Beans, Bell Pepper, Olives, Cotija Cheese with Mexican Caesar Dressing 7.25

Thursday - Philly Cheese Steak Sando

Sliced Beef, Peppers, and Provolone Cheese 7.25

Friday - Buffalo Chicken Sando

Crispy Chicken in Buffalo Sauce, Lettuce/Tom/Onion, Buffalo Mayo 7.25

WEEK THREE DINNER

Monday - Chicken & Rice Casserole

Chicken, Rice, Cheese Casserole 8.00

Tuesday - BBQ Chicken

BBQ Chicken, Potatoes, Veggies 8.00

Wednesday - Beef Stroganoff

Beef in Creamy Sauce over Noodles 8.00

Thursday - Spaghetti & Meatballs

Spaghetti in Red Sauce with Meatballs 8.00

Friday - Broccoli Beef

Marinated Beef and Broccoli Over Rice 8.00

WEEK FOUR BREAKFAST

Monday - Cheesy Eggs

Scrambled Eggs, 3 Cheeses, Ham, Potatoes 6.25

Tuesday - Basic Breakfast

Eggs, Bacon OR Sausage, and Potatoes 6.25

Wednesday - Breakfast Hoagie

6" Hoagie Filled with Egg, Cheese, Bacon, & Avocado 6.25

Thursday - Belgian Waffles

Two Waffles, 1 Egg, Bacon/Sausage 6.25

Friday - BLT Breakfast Sando

Bacon, Egg, Cheese, Tomato, Greens, on Toasted English Muffin 6.25

WEEK FOUR LUNCH

Monday - Grown Up Grilled Cheese

Grilled 3 Cheese Sando on Multigrain Bread 7.25

Tuesday - Cobb Salad

Greens, Tomato, HB Egg, Ham, Turkey, Cheese 7.25

Wednesday - Loaded Nachos

House Made Tortilla Chips with Toppers 7.25

Thursday - Power Bowl (High Protein)

Chicken, Brown Rice, Avocado, Pepitas, Roasted Veggies, Greens, & Dressing 7.25

Friday - CA Burger OR Bowl

Beef Burger, Bacon, Avocado, Pepper Jack Cheese, Lettuce, and Tomato, Chipotle Sauce, with Chips 7.25

WEEK FOUR DINNER

Monday - Tortellini

Cheese Tortellini, Cream Sauce, Sliced Chicken, Veggies 8.00

Tuesday - Fried Chicken

Fried Chicken, Mashers, Veggies 8.00

Wednesday - Beef Fajita

Beef Strips, Peppers/Onion, Tortilla, Condiments 8.00

Thursday - Pasta Primavera

Pasta, Roasted Veggies, Herbs, Parmesan Cheese 8.00

Friday - Chili Corn Dogs

Corn Dogs with Chili and Toppers 8.00

**FACE COVERINGS ARE
MANDATORY IN THE
CAFETERIA**

**MAINTAIN 6' OF SOCIAL
DISTANCING**

BE WELL * BE SAFE



Gluten Free and Vegan Options Are Always Available.
Please Inform Supervisor Of Any Food Allergies or Dietary
Restrictions or Preferences

EAGLE CAFE

Breakfast

Monday - Friday 7:00 - 9:00
Weekends: Grab and Go Only

Lunch

Monday - Friday 12:00 - 2:00
Weekends: Grab and Go Only

Dinner

Monday - Friday 4:00 - 6:00
Weekends: Grab and Go Only
Weekend Hours: 10:00 - 2:00

