

# ALCOHOL AND DRUG/HUMAN SERVICES

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The Alcohol and Drug/Human Services program provides students with the academic and practical skills for entry-level employment in human services-related fields, provides training for human services-related professionals who wish to expend their knowledge and skills, and provides required lower division course work for those who wish to pursue advanced degrees in social work, and related helping professions. Students should consult with a counselor to determine whether this degree is the best option for their academic and transfer goals. **Important:** To obtain the Associate in Arts Degree in Alcohol and Drug/Human Services, students must complete the following requirements with a minimum grade point average (GPA) of 2.0:

- The ADHS major requirements below.
- The College of the Siskiyous General Education pattern (COSGE).
- Any needed electives to reach a total of 60 COS degree applicable units.
- All major courses and any courses noted on the COS check sheet must be completed with a C or better.

## Requirements for the Major

*Core-Complete the following:* ----- 28-30.5 units

- ADHS 1001- Introduction to Human Services (3)
- ADHS 1010- Introduction to Chemical Dependency (3)
- ADHS 1011- Community Outreach & Referral (3)
- ADHS 1013- Relapse Prevention (1)
- ADHS 1515- Physiology & Pharmacology Aspects of Substance Abuse (3)
- ADHS 1517- Ethics for the Helping Professions (2)
- ADHS 1525- Personal & Professional Growth (3)
- ADHS 1526- Individual, Group & Family Counseling (3)
- ADHS 2018- Case Management (3)
- ADHS 2020- Alcohol and Drug/Human Services Practicum (2.5-5)

*Complete **one** of the following:* ----- 3 units

- ECE 1002- Child Development (3)
- ECE 1999- human Development (3)

*Complete **two** of the following:* ----- 6 units

- ADHS 0950- Stages of Addiction Recovery (1.5)
- ADHS 1025- Conflict Management/Negotiation (3)
- ADHS 1521- Identity and Cultural Awareness (1)
- ADHS 2526- Understanding Disability (3)
- ADHS 2540- Society and Aging (3)

**Total Units** ----- **32-38**