



COLLEGE OF THE SISKIYOU

September 2021

COVID-19 Prevention Plan

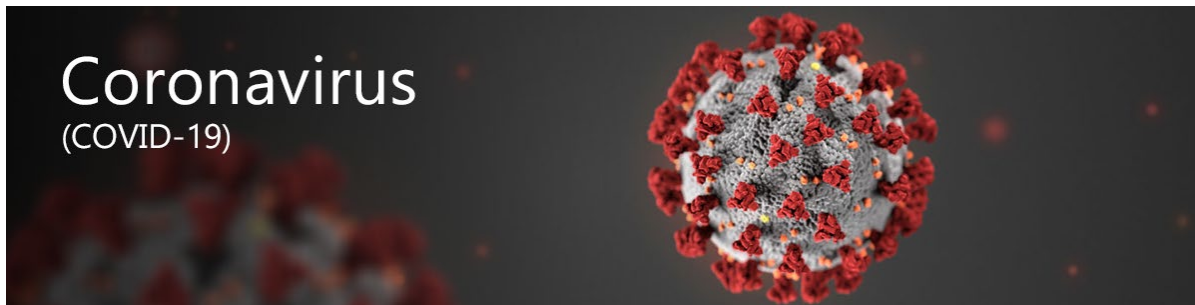




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QUICK FACTS

PER READOPTION OF CAL/OSHA COVID-19 EMERGENCY TEMPORARY STANDARDS JUNE 4, 2021

- All employees, students and visitors are required to wear a mask indoors.
- Employers must supply respirators (N95 masks) to employees on a voluntary use basis.
- All employees can be tested during work time at no cost.
- No physical distancing requirements.

If you feel sick stay or go home

1. System for Communicating: Employees

The following topics correspond with Cal OSHA ETS Section 3205(c)

- a. Employees should inform their supervisor, without fear of reprisal, of any COVID-19 symptoms, possible close contacts, and possible COVID-19 hazards in the workplace.
- b. Employees with medical or other conditions that put them at increased risk of severe COVID-19 illness can request accommodations through Human Resources at (530) 938-5317.
- c. Employees may get tested during their paid work time.
- d. Please report all COVID-19 hazards via the [Unsafe Conditions Reporting Form](#) and submit to Veronica Rivera at vrivera@siskiyous.edu.
- e. College of the Siskiyous will continue to keep COVID-19 case information confidential per Cal OSHA ETS 3205(c)(3)(C)

2. System for Communicating: Students

- a. Do not come to campus if you are feeling ill. Via email, notify your instructor(s) or Athletics at zmyers@siskiyous.edu. If you live in the lodges, stay in your room and email lodges@siskiyous.edu.
- b. If you begin to feel ill during the day, while on-campus, and experience any of the following symptoms, go home and email the applicable person:

Athletics - email zmyers@siskiyous.edu

CTE (POST, FIRE, EMS, WELD, NURS) - email your CTE instructor

Lodge residents - email lodges@siskiyous.edu

General students - email studentservices@siskiyous.edu

- *Fever or chills*
- *Cough*
- *Shortness of breath or difficulty breathing*
- *Fatigue*
- *Muscle or body aches*

- *Headache*
- *New loss of taste or smell*
- *Sore throat*
- *Congestion or runny nose*
- *Nausea or vomiting*
- *Diarrhea*

3. Training and Instruction

Employees are provided Cal OSHA ETS focused training through Keenan Safe Schools and resources on the College of the Siskiyous website. This training includes:

- Symptoms of COVID-19*
- Methods of physical distancing and handwashing*
- Proper use of face coverings.*
- Procedures for cleaning and disinfecting*

Contact Andrew Matheson at amatheson@siskiyous.edu to obtain access to the Keenan Safe Schools training.

Employees voluntarily using respirators (N95 masks) can find training resources at <https://www.osha.gov/respiratory-protection/training>.

4. On-Campus Check-in Procedures: Employees & Students

All students and staff coming onto campus are required to check-in using the HealthScan application. This app helps to ensure your safety, as well as the safety of your co-workers and students by performing a daily health assessment. It is accessible through an app on your smartphone or through a web browser on your PC.

Smartphone Application

To install the HealthScan app on your phone or tablet, please follow the instructions for your phone below.

- **iOS/iPhone users:** Search for Kinetica ClickScan in the App Store or use this link: <https://apps.apple.com/us/app/kinetica-clickscan/id1522067710>
- **Android users:** Search for Kinetica ClickScan in the Google Play Store or use this link: https://play.google.com/store/apps/details?id=app.kinetica.clickscan&hl=en_US

(When you first open the app, it may ask you for a Device ID and Location Name. If so, you can leave these blank.)

Next, it will ask you for a configuration ID code. Your personal ID code was emailed to your Siskiyous email account. This code is unique to you and eliminates the need to enter a username/password every time you perform a health check. It can be copied from your email and pasted into the app. After entering the code, there will be a brief delay while your personal ID code is validated.

Once the code is validated, press the **Launch/Start** button. The homepage will then be displayed.

You can now use the app. Please press the **info i** button and follow the instructions on how to use the app.

Web Browser

If you do not have a "smart" phone, please connect to the College of the Siskiyou HealthScan application using the personal web link which was emailed to your Siskiyou email account.

On-Campus Secondary Screening and Initial Check-in option

Once you have check-in via the app, please proceed to one of the locations listed below to show proof of 'passed' screen, have your temperature checked and obtain a wristband. If you do not have a "smart" phone, you can also check-in at one of the locations listed:

- Weed Campus - Human Resources, TRiO, or Basecamp Headquarters (HQ)
- Yreka Campus - Welcome Center
- If you are checking in after 4:30 p.m., please go to Basecamp Headquarters (HQ). You must wear the wristband while you are on campus

For technical assistance with the HealthScan app”

- Students email studenthelpdesk@siskiyous.edu
- Employees email techservices@siskiyous.edu

5. Mask Guidelines

After careful monitoring and review of new guidance from the local and national agencies, College of the Siskiyou leadership, in consultation with constituency groups, has revised College guidelines and safety protocols as follows:

- *As a result of the increase in positive COVID cases and, after receiving feedback from Siskiyou County of Public Health (SCPH) and constituent groups, all individuals are required to wear a mask indoors (regardless of vaccination status).*
- *Masks may be removed if alone in an office or while actively eating or drinking. We expect those who are working alone in an office will put their mask on when being visited by an already masked individual.*
- *Since Athletes are tested weekly, Athletes will not be required to wear masks during indoor competitions and training, but indoor spectators will be required to wear masks.*
- *Students and employees need to wear face coverings when in vehicles with more than one person.*
- *N95 masks will be available for those that would like one upon request.*

An easy to read flyer can be accessed [here](#).

6. CDPH Guidance on Isolation and Quarantine

[Per the California Department of Public Health \(CDPH\) COVID-19 Guidance on Isolation and Quarantine:](#)

Isolation: separates those infected with a contagious disease from people who are not infected.

Quarantine: restricts the movement of persons who were exposed to a contagious disease in case they become infected.

Duration of Isolation

The California Department of Public Health (CDPH) recommends a symptom-based strategy for determining the duration of isolation for people with COVID-19 who are **symptomatic**, meaning they have symptoms of the disease, as described in guidance from the Centers for Disease Control and Prevention (CDC). Under this recommendation, persons with COVID-19 who have symptoms and were instructed to care for themselves at home may discontinue self-isolation under the following conditions:

- *At least 10 days have passed since symptom onset; AND*
- *At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND*
- *Other symptoms have improved*

For persons with COVID-19 who are **asymptomatic**, meaning they have NOT had any symptoms, CDPH recommends that these persons be instructed to care for themselves at home. Under this recommendation, they may discontinue self-isolation under the following conditions:

- *At least 10 days have passed since the date of the first positive COVID-19 diagnostic (federally approved Emergency Use Authorized molecular assay) test. If they develop symptoms, the strategies for discontinuing self-isolation for symptomatic persons (see above) should be used.*

Duration of Quarantine for Unvaccinated Persons

For most unvaccinated persons who have had **close contact** (within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period) with someone with suspected or confirmed COVID-19, CDPH recommends the exposed person get tested and self-quarantine at home. If unvaccinated, household members and intimate partners of COVID-19 positive persons should also self-quarantine, as well as those who had unprotected contact with an infected person's body fluids and/or secretions, such as being coughed or sneezed on, sharing cups or utensils, or providing care without wearing appropriate protective equipment (mask and gloves).

CDPH supports CDC's two options for shortening the recommended 14-day quarantine duration, **but quarantine should not be discontinued earlier than after Day 7** following last known exposure. Under this recommendation, close contacts who remain **asymptomatic**, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:

- *Quarantine can end after Day 10 from the date of last exposure without testing; OR*
- *Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.*

To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts should:

- Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
- Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds, and staying at least 6 feet from others) through Day 14 from last known exposure.

If any symptoms develop during this 14-day period, the exposed person should immediately self-isolate, get tested and contact their healthcare provider with any questions regarding their care.

Duration of Quarantine for Vaccinated or Previously Infected Persons

Under CDPH's recommendations, the exposed person **does not have to quarantine** if they were **fully vaccinated**, before the exposure AND they have not developed any symptoms since their exposure to someone with COVID-19. Similarly, if an exposed person tested positive for COVID-19 before their new, recent exposure and it has been less than 3 months since they started having symptoms from that **previous infection** (or since their first positive COVID-19 test if asymptomatic), they do not need to quarantine, as long as they have not had any new symptoms since their recent exposure to someone with COVID-19.

All exposed persons, even those who were fully vaccinated or previously infected and do not have to self-quarantine, should self-monitor for COVID-19 symptoms and strictly adhere to all recommended non-pharmaceutical interventions (e.g., wearing a mask, maintaining a distance of at least 6 feet from non-household members, frequently performing hand hygiene, avoiding crowds and poorly ventilated indoor spaces) for 14 days following the last date of exposure. If any exposed person develops symptoms during this 14-day period, that person should immediately self-isolate, get tested, and contact their healthcare provider with any questions regarding their care. **Fully vaccinated close contacts who remain asymptomatic and do not need to quarantine should get tested 3-5 days after exposure.** If they test positive, they should immediately self-isolate and contact their healthcare provider with any questions regarding their care; if they test negative, they should continue monitoring symptoms and following recommended non-pharmaceutical interventions, including masking in public indoor settings, for 14 days. In order to protect household members, exposed close contacts who do not have to quarantine due to being fully vaccinated or previously infected should consider masking in the home during this time, especially if they are immunocompromised or around persons who are immunocompromised, not fully vaccinated, or at increased risk of severe disease.

7. Campus Closure Guidelines

Implemented: August 30, 2021

Please note: Guidelines are subject to change based on Siskiyou County Public Health (SCPH), CalOSHA and State directives.

Within a 14-day period, an outbreak has occurred in 25% or more stable groups in the school.

[Per the CDPH Re-Opening In-Person Instruction Framework:](#)

Definition of **outbreak**: 'CDPH defines a school outbreak as 3 or more confirmed or probable cases of staff or students occurring within a 14-day period who are epidemiologically linked in the school, are from different households and are not contacts of each other in any other investigation cases (e.g., transmission likely occurred in the school setting).'

Definition of **stable group**: 'Stable groups provide a key mitigation layer in schools. A stable group is a group with fixed membership that stays together without mixing with any other groups for any activities'.

Ex) Nursing students at the Yreka Campus who have not intermingled with general population students. If the cohort size is 16, then an outbreak would equate to 4 positive cases. SCPH has stated that, if the positive cases were immediately quarantined, closure can be limited to the specific program's location (for example, closure of RHSI opposed to the entire Yreka Campus). Determination of students who tested positive in a group that's considered 'stable' (such as an evening Welding class) possible exposure of the general population would be determined by contact tracers in collaboration with SCPH.

Within a 14-day period, at least three outbreaks have occurred in the school AND more than 5% of the school population is infected.

Within a 14-day period - Nine students (see definition of 'outbreak') test positive for COVID AND 5% of the number of students who were on-campus, when the students' tested positive, have been infected. 5% is calculated by the average number of students who checked in via the HealthScan app when the nine positive cases were confirmed by SCPH. Number of students infected is also determined by SCPH and Contact Tracers. For reference, the College has 780 students enrolled in face-to-face courses and approximately 263 students checking in daily at the Weed campus and 15 at the Yreka Campus in fall 2021.

The Local Health Office may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

SCPH can determine if we need to close the campus based on the number of COVID cases they have confirmed as well as exposure rate.

CalOSHA 3205.2 Major COVID-19 Outbreaks: Employees

(1) This section applies to any workplace covered by section 3205 if 20 or more employee COVID-19 cases in an exposed group, as defined by section 3205(b), visited the workplace during their high-risk exposure period within a 30-day period.

(2) This section shall apply until there are fewer than three COVID-19 cases detected in the exposed group for a 14-day period

(b) Employers shall continue to comply with section 3205.1, except that the COVID-19 testing described in section 3205.1(b) shall be made available to all employees in the exposed group, regardless of vaccination status, twice a week or more frequently if recommended by the local health department.

For any instances where the campus has a confirmed positive COVID case, contact tracers would immediately commence contact tracing and SCPH would be consulted. The College is required to follow any closure directive set forth by SCPH. Currently, the Interim President meets with SCPH once per week or, in incidences when there are multiple COVID cases, more frequently.

The safety of our students and employees remains the College's first priority. Certain populations of students are not able/allowed to complete their programs online and, specific populations of employees are not able to perform their work remotely. As such, we are closely working with our Public Health Department in ensuring Public Health and CalOSHA compliance.

8. Proposed COVID Requirement

On August 26, 2021, in consultation with constituent leaders, the following COVID requirement was proposed:

- *Students must show proof of vaccination or commence weekly COVID testing by Nov. 15th, 2021 (prior to Thanksgiving Break).*

- *Employees must show proof of vaccination or commence weekly COVID testing by Jan 3, 2022.*

Administrative Procedures (AP) and Board Policies (BP) are being revised and developed to reflect this new requirement. The revised and new APs and BPs will be vetted through the participatory governance process. This new requirement is not official until it is Board Approved. Once Board approved, the revised and new APs and BPs will be posted here: <https://www.siskiyou.edu/bpap/> and details regarding submission of proof of vaccination or weekly test results will be shared with the campus and added in this section.

9. Self-Care During COVID

